



Men	Wetsuit Size	Weight in kg	Size in cm	Weight in pounds	Size in foot/inch
Extra Small	XS	60-71 kg	160-175 cm	132-157 lbs	5'3"-5'9"
Extra Small Long	XSL	60-71 kg	175-185 cm	132-157 lbs	5'9"-6'1"
Small	S	68-79 kg	165-180 cm	150-174 lbs	5'5"-5'10"
Small Long	SL	72-79 kg	180-190 cm	159-174 lbs	5'1"-6'3"
Medium	M	78-88 kg	175-185 cm	172-194 lbs	5'9"-6'1"
Medium Long	ML	80-90 kg	185-195 cm	176-198 lbs	6'1"-6'5"
Medium Large	ML+	85-95 kg	175-190 cm	188-209 lbs	5'9"-6'3"
Large	L	86-98 kg	185-200 cm	189-216 lbs	6'1"-6'7"
Extra Large	XL	95+ kg	185-205+ cm	209+ lbs	6'1"-6'9"+

Women	Wetsuit Size	Weight in kg	Size in cm	Weight in pounds	Size in foot/inch
Extra Small	W-XS	42-52 kg	145-165 cm	92-114 lbs	4'9"-5'5"
Small	W-S	50-57 kg	150-165 cm	110-125 lbs	4'11"-5'5"
Small Medium	W-SM	58-64 kg	155-175 cm	129-143 lbs	5'1"-5'9"
Small Medium Long	W-SML	58-68 kg	175-185 cm	129-154 lbs	5'9"-6'1"
Medium	W-M	60-72 kg	165-180 cm	132-158 lbs	5'5"-5'10"
Large	W-L	72+ kg	170-185 cm	158+ lbs	5'7"-6'1"